

Aaroh

Always striving to rise high

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**The struggle
you're in today
is developing the
strength
you need for
tomorrow.**



ON CHILDREN

Your children are not your children.
They are the sons and daughters of Life's longing
for itself.
They come through you but not from you,
And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,
For they have their own thoughts.
You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow,
which you cannot visit, not even in your dreams.
You may strive to be like them,
but seek not to make them like you.
For life goes not backward nor tarries with yesterday.

You are the bows from which your children
as living arrows are sent forth.
The archer sees the mark upon the path of the infinite,
and He bends you with His might
that His arrows may go swift and far.
Let your bending in the archer's hand be for gladness;
For even as He loves the arrow that flies,
so He loves also the bow that is stable.

Kahlil Gibran

Budding Writers

Earth day is celebrated every year on 22nd April. It was started by Senator Nelson. It was first celebrated in 1970 and now includes events in more than 190 countries. On this day various events are organized to make people aware about how to protect mother earth.

Earth is our planet, it is our home and therefore, it's our responsibility to protect it. Today we face a very serious and big problem (or issues) like pollution, global warming, deforestation etc. Hence it has become very important that we make efforts to save earth.

Following are few ways that we can adopt to protect our earth.

- 1) **Afforestation:** Plant as many trees as possible they not only provide oxygen but also absorb CO₂, hence it helps in reducing global warming.
- 2) **Recycling:** Recycling is the key to most of our problems. It helps in reducing the waste to the great extent. Avoid plastics.
- 3) **Use of public transport:** The pollution caused by vehicle is one of the main reasons for air pollution and global warming. Therefore, if we start using public transport this can also be reduced to great extent.
- 4) **Use of Renewable energy:** Use green & clean energy. Eg. Solar energy, CNG.
- 5) **Use of organic manure:** Stop using harmful fertilizers. These chemicals have been a great reason for soil pollution.
- 6) Teach kids at smaller age the importance of saving Earth.

"If we do not take care of Earth today, it will be too late and the damage is irreversible."

So, on this Earth Day lets do the change and lets save our planet because no Earth no Birth."

CONVERSATION

Scene 1

Earth has become inhabitable. No water not even sea water, no plants or animals except artificial.

Man 1: Earth shall be left.

Man 2: Yes.

Every person: Earth shall be left.

Scene 2

Spaceships are made. So everyone can leave earth. People have boarded them.

Dad: Come out son, refill break.

Son: What's that brown sphere.

Dad: Earth

Dad: Once it was blue but is brown now.

Son: Why?

Dad: Bad waste management.

Son: What is waste Management?

Dad: Managing waste, Son.

Son: How can we do that?

Dad: By following 3R's (Reduce, Reuse, Recycle) and also throw waste in dustbin. Green one for biodegradable waste and blue for Non-biodegradable and don't use plastics.

Son: I will always remember this dad!

Dad: Good. Otherwise this Earth would remain brown.

Dushyant Singh – VI A

Bhvyansh Kothari — VI A

Budding Poets

LOVE OUR WORLD

If you love our world, clap your hands (clap, clap)
If you love our world, clap your hands (clap, clap)
If you love our world, love our great big world.

If you love our world, clap your hands (clap, clap)
If you love our world, plant new trees.
If you love our world, plant new trees for birds and bees

If you love our world, recycle
If you love our world, reuse
If you love our world, reduce and recover.

If you love our world, do your part
If you love our world, be smart
If you love our world, love our great big world.

Rhythm Doshi — VI A

MOTHER NATURE

Search for a solution, to stop pollution
Solutions are there to purify the air
Plant a tree, which makes earth pollution free
For small distance use cycles and long journey use CNG vehicles
You can perform, some effective reform
Pollution affects our health and to cure one has to waste wealth
Pollution results in global warming and rapidly melting of glaciers
It's alarming, search a solution to stop pollution
Save nature if you care for future
Nature is like our mother
Mother Earth is so generous to shower all facilities
Nature is the strongest and powerful
Don't destroy it ever for you'll be able to replenish it never.

Rhythm Doshi — VI A

Everyday is the Earth's day,
It's the world's B'day
Think green, keep it clean
No dirt, it's our Earth

A clean Earth is the happy Earth
Give a hoot, don't pollute
Think green, not grey, on the Earth day
No dirt, it's our Earth

Remember tomorrow, recycle today
Save Earth from today
Save trees, Save Earth
No dirt, it's our Earth

Yashvi Sachdev — VI A

Where are the birds that used to dot the sky ?
They're not here anymore, and I have to wonder why.

Where are the fish that used to swim in the stream?

I can't see them anymore. What does that mean?

Where are the frogs that used to croak around this lake?

I can't hear them anymore. There must be some mistake.

I wish there was a clock whose hands I could rewind.

We might have saved these creatures if we had just had more times.

Time to make people see how we're damaging our Earth.

Time to realize what it all was truly worth.

But the animals are disappearing at an alarming rate.

If we don't finally bind together, it may really be too late.

Divy Artwani and Drishti Artwani—VII A

Budding Artists



From Teacher's Pen

DESTINY

People believe, Destiny has the power to shape one's life,
but I find its path too exotic and unclear,
We believe it decides our future, so we do fear.
We often blame, we often curse our destiny,
for meeting wrong people, for not fair chance.
But we often forget that choice was ours, it's our own reflection,

Destiny does not depends on chance but on choice, determination and dedication.
It always teaches us a lesson to be learned,
It is not a matter to be awaited but to be earned.
We are the sculptors of our own destiny,
so don't repent, lament and cry,
Be a creator of your own destiny, try, try and try.

Sunita Singh Chauhan

Its Lockdown Time..

Its lockdown time, time we got to regenerate
Time to pause, think and pray
Time to retrospect, learn and care
Time to repair, retreat and create

Its lockdown time, time to stand unite
Time to rebuild the confidence and boost up the will
Time to realise, rebound and refill
Time to learn something new and hone the skill
Time to feel self, listen everything in still

During this lockdown, when everything is locked
Learning should be on and ignorance should be knocked
Nothing can stop us from learning something new
Doors of knowledge are open but can be seen by very few

Let's rise with new zeal to make proper use of this,
Be closer to the loved ones and eager to learn more....

Sunita Singh Chauhan

No More Isolation....

While sitting alone in Isolation
My mind thought of some creation.
Creating a world which is full of love, contentment and contemplation.
A world which is away from hatred, stress and tension.
Where birds will chirp freely, innocence will blossom and humanity blooms.
All faces painted with happiness and none in gloom.
Help me oh lord in this noble intention;
to create a happy world so that there would be no more ISOLATION.....

Sunita Singh Chauhan

Roaming Weeds(are they?)

Roaming everywhere with barefoot,
They seem like weeds without root,
With demure eyes and shrunken heart,
Deprived from bread and shirt.

Scattered in bunch across the city
Of the inhumane, searching for pity.
Future off light and past off vaccine,
Bodies delineate their days of famine.

Searching in garbage for a glitter
To keep their bodies and souls together.
Dwell down the immortal Blue roof,
Sleeping in bed having little proof
With mosquitoes whispering in ear
Reminding again the 'morrrows of tear.

They know nothing but perpetual state of poverty
With little chance to come out of their scarcity.

Naba Kumar

SCHOOLS RUN WHILE SCHOOL BUILDINGS ARE SHUT DOWN

The Indian education system, based on real classroom premises with chalk (also marker), duster, and board, is finally witnessing a transition from offline mode to an online mode (with houses turned into classrooms, computer/Laptop/Mobile screens turned into boards and students attending classes through video calls) due to the ongoing COVID-19 pandemic. The novel coronavirus made itself viral faster than any social media buzz and left everything in complete chaos. Along with every other sector, education too was quarantined for a brief period. But the preventive shutting down of school buildings by Government could not prevent schools to go on. With the real classroom gone (at least momentarily), teachers, students and parents collaborated to adopt the online teaching in virtual classrooms.

Though the concept of online teaching is not completely new, it has never been welcomed and adopted in such a mass scale as far as schools are concerned. Had it been some other time, this concept would have been critical and might have met with protest. Owing to this pandemic, the unprecedented scenario of online teaching can be relatable to the exponential downloading of apps like Zoom, MS Teams, and Google Meet and a surge in internet traffic.

The online classes began as a swift response to the urgent need for continuation of schools. The teachers and school principals deserve accolades for the way they turned their houses into classrooms and the parents too are praiseworthy for reciprocating with cooperative enthusiasm. Almost eight weeks have passed since online classes were rolled on. A few challenges have popped up in this brief period of transition from offline to online. Let us look at the challenges encountered so far.

Efforts commendable but effectiveness less palpable: A smooth conduction of online classes needs certain basic amenities; chiefly a Computer/Laptop/Tablet with webcam facilitated, a digital writing pad and above all the lifeline of any online business – a stable and high-speed internet. Currently, not all teachers are equipped with above-mentioned amenities. Most of them somehow just managing with the best possible resource they have - the Smartphone. Smartphones have limitations and cannot replace a computer. This has dwindled the effectiveness of online teaching.

Trained but not trained: The B.Ed. Course, the revered training program for teachers, has so far not included the requisite training and skill development program needed for full-fledged online teaching. Thus, the lack of training and skill is evident in the struggle of teachers handling a totally online environment.

Lack of proper test in this testing time: A well-designed assessment is important to measure the effectiveness of teaching and learning. So far, most of the teachers are not tech-savvy and they are neither trained nor equipped to design such an online test which can substitute the traditional test system. Thus, unassertive teachers are finding it difficult to form the right strategies and pace to ascertain effective learning.

Absurdity behind the screen: The students are advised to turn off the audio and video so as to allow the teacher to deliver the lecture undisturbed. This gives them an opportune moment to slip away from the classroom (virtual) and utilise the smartphone (most of the students attend online classes via smartphone) for or whatever reasons they wish for. This practice is difficult to control as teachers and parents are under the impression that children attend online classes honestly.

Screening Pain: As children are exposed to computer / mobile screen for extended hours due to online classes, complaints of headache and Asthenopia (strained eyes) are becoming common.

Conclusion: The novel Corona Virus challenged us to work on novel ideas and tested our adaptability skills. The swift response and timely adaptation to facilitate the progress of our education system unhindered is itself an achievement. But this achievement is still limited to urban areas and mostly to private schools. Efficient strategies and their proper implementation will not only widen this achievement but also address and tackle the challenges faced so far. Switching the gear to online mode, the wheels of education will surely accelerate in this era of the internet.

Impact of Covid 19 on school session 2020-2021

As parents many of us are worried about the studies of students in this academic year. Will the students be able to cope up with the whole syllabus?

When will schools reopen?

How would exams go?

Will my child Excel this year or not? Before answering these questions I would like to highlight a few other things which we have not seen ever before. Staying indoors for such long periods; managing homes with no household help; no food deliveries; no playground for kids; no activities or hobby classes; no movie theatre; almost no interaction with friends. In later stages, we may also face loss of jobs or reduced salaries. Though sad but some of us might even lose our loved ones.

So the challenge is not only child education, the bigger challenge is emotional stability of child, parents and whole family. Most important education this year is emotional stability or quotient.

Please don't make kids terrified of covid-19 we are already getting calls from parents or children themselves about the anxiety and even mild depression in children arising due to coronavirus terror. So it is important to talk to them and explain that if we are careful we can stay healthy and happy.

Most of the time when I ask parents to spend quality time with their kids, they say that they are too busy. So God has given you a new opportunity to spend quality time with your kids. Talk to them, try to be their friends, play games with them, ask them what they want to do. But to spend quality time with your kids, you have to keep your own mind at peace, if you are stressed then you will pass your stress to the child.

I would also like to mention that due to lockdown and due to unavailability of other excursion activities, screen time of children has increased a lot along with adults. And since we can't reduce the screen time to zero or optimum, try to encourage informative and motivational movies or videos, try watching these things together.

The school is doing great with online classes which are not only academic but also extra-curricular like dance, art, physical activity and music. Despite the classes the children may not be able to cope up with everything taught because the different media of education, but it's more important that the kids are regular and enjoy the classes. These classes also help us regularize a routine for children, now they have some daily things to do; screen time has reduced. We also hope that their zeal to learn and study will not be lost when they go back to the routine School.

As for the questions I started with – as a doctor, I presume regular school may not start for a very long time (4 to 6 months); the ongoing classes will help cover the syllabus and catch up after school reopen, exams would be meaningful if students and parents keep up with their emotional stability, the result of one academic year is not going to change the whole educational learning of one person. As for the students who have Board exams this year, there might be some changes from the boards itself, for better outcomes. And yes, definitely we need to boost the confidence of the children who have been preparing for competitive exams from many years and now not knowing when would the exams be held.

I am sure with the help of teachers and parents together children will be able to sail smoothly through this Tsunami.

Happenings at SRCS

Be Compassionate and Empathic towards the Voiceless

When Man learns to respect even the smallest being of creation...nobody has to teach him to love his fellow men. SRCians showed empathy and compassion towards birds and stray animals by feeding them with food and keeping water bowls to quench their thirst in the scorching heat. This activity even got applaud and coverage from ARPF (Animal Rehabilitation and Protection Front)



Bird Feeder and Bird's Nest

A bird's nest is a spot in which a bird lays and incubates its eggs and raises its young ones. Muskan Sharma of Grade 6 prepared a bird feeder using her creative ideas and Ashlesha Singh of Grade 8 and Drishti and Avani Jain of Grade 7 prepared birds' nest showcasing their innovative ideas.

SRCS celebrates World Environment Day

Nurture Nature to Nurture Future
As the world joins hands in unlocking itself, Nature is staring at the society, eyes speaking volumes about how the environment has transformed in this period. Nature seems to have been busy reclaiming its spaces and getting it renovated. For the environment to be protected there has to be small efforts made and every individual's contribution in this initiative counts. SRCS celebrates World Environment Week where SRCians displayed through their talents, contributed to create awareness to Save Environment by writing poems, Model making, Drawing Poster, delivering speeches, doing plantation at home, making bird's nest etc.



Happenings at SRCS

Webinar on - Effective Communication and struggle of Parents and Teachers during the Pandemic

Effective Communication is 20% what you know and 80% how you feel about what you know.” A webinar was organised by Shri Ram Centennial School, Indore on 23rd May 2020 on ‘Effective Communication and struggle of Parents and Teachers during the Pandemic.’ It was attended by near about 100 parents and teachers. The session was addressed by an eloquent speaker, writer and renowned educationist Prof. (Ms.) Vanshika Gangwani. During her session, the speaker talked about importance of an effective communication. According to her, proper communication should be full of emotions and feelings and it should be able to correlate the speaker and the recipient. She laid emphasis on barriers in Proper communication and discussed various problems faced by teachers and

students during online classes. She also appreciated the suggestions and solutions put up by faculties and parents during the session regarding healing up of rigidness and frustration among the students. Principal Mrs. Bhavana Pujari also talked about mutual trust and good bond between Parents and teachers for the betterment of a child. She also welcomed the suggestions of faculty members and parents for keeping the children engaged during the lockdown. They suggested that various fulfilled and interesting activities can be conducted. Parents can spend quality time with them. Along with the children, they too can be involved in activities. Overall, it was very effective and a great learning session for all.

Online Story Session

During lockdown period, the talented and creative students of SRCS unlocked their imagination and let them run through their narratives. They narrated, recorded and shared their stories which they have listened from their elders.

Master Aarambh Raut narrated the story. Pahel Sahu narrated the story of The Rabbit and The Lion. Kanak Verma Class 2 narrated the story of Goldilocks and the 3 Bears.



Tie and Die

Real learning is the ability to adopt what you know and know how to adapt it under any ever-changing variety of circumstances. It's an ongoing process.

Beating the Lockdown, SRCian Tanishqa Prasad of Grade-3 demonstrated the entire process of Tie and Dye which she has learnt during her online Science class.



Happenings at SRCS

Mask Making Activity

Mask making is a rewarding and creative process. It is an absorbing activity that helps focus children on the task at hand. Bhavyansh Kothari, Yashvi Sachdev, Rhythm Gadiya, and Tiya Nagpal of Grade 6 have showcased their creativity by making masks from the waste materials available at home.

During the mask-making process, the atmosphere often changes from excited chit chat to a more concentrated state; students become concentrated as they focus on their work. From the planning stage through to production, children find mask making stimulating and challenging.



Poetry Recitation

"Poetry is when an emotion has found its thought and the thought has found words" -Robert Frost

We all know Poem is meant for enjoyment. Children enjoy the beauty of expression, thoughts feeling, rhyme, rhythm and music of words. It helps them to exhibit their talent and confidence. They recited and recorded their poems related to COVID -19, Environment, nature, trees, mother and their teachers with great zeal and enthusiasm.

Class 2 Child Aaheli Shome explaining us the precautions to be taken during covid-19 through a poem "Mirror Mirror".



Honing Culinary Skills

SRCIans have spent their Quarantine time not only learning about academics or enjoying with their loved ones but they tried to learn few life skills with their parents that includes Culinary skills too. They were given the activity to enjoy fire less cooking

under parental guidance. They prepared mouth watering and delicious cuisines.

Happenings at SRCS

The Learning Must Go On....

Nothing can stop the SRCS kiddo. They are always eager to learn. With keen Partnership and true cooperation of Parents, the learning is continued beyond the walls of SRCS. Kiddos of Pre Primary and Primary classes too are enjoying their online classes and the worksheets which are designed by their teachers to enhance their Motor Skills.



PTM- The Virtual Way

Parent-teacher meetings are a great way for parents and teachers to bond and cooperate. With more and more of our daily communication taking place digitally rather than face to face, the PTM has also taken a leap and embraced the virtual platform.

PTMs are nice forum important to reflect upon the child's progress and areas of development. As SRCS held the first online PTM for classes Nursery -XII,

the school was delighted to witness the synergy between parents and teachers making it a success. Virtual PTM has helped teachers and parents connect virtually to engage in a transparent and open discussion for the children's better future.

SRCS appreciates the continuous support of the parent community. The online PTM is a great way for the school and the parents to effectively collaborate and work together to help children perform better in academics and in extra-curricular activities too.

Karate Kid

We feel immense proud to inform that Rudransh Sharma of Grade-3B has participated in an online karate tournament and won a gold medal in sub Junior category (4 to 7 years).

This online event was organised by AIMMA Academy Bhopal on 15 May 2020. They have represented the art form of Kata in karate. Team SRCS wishes Rudransh all the luck for his future endeavours



ONLINE CLASSES @ SRCS

Let Learning bloom through connect during this lockdown as we believe that there is no lockdown of learning, experiencing and experimenting. With this thought we at SRCS took every care to enhance the learning skills of our students and created class wise groups on WhatsApp where we are sending worksheets, activities, quizzes and reading materials for the students and then we moved a step ahead and we got connected with our students through online classes from Nursery-XII

Students' Feedback

As we know that due to the lockdown, we are having our online classes.

These classes are very beneficial as we can study from our concerned teachers and it seems a bit like we are in class itself because all the teachers explain the contents well with various presentations and then we clear all the questions/doubts related to the topic on the spot. All are very well attentive during the Sessions.

Girishma Goyal — IX A

First of all I would like to thank all the teachers who have organized these online classes so that our studies need not lack behind because of this lockdown.

The moment these lockdown started I thought that our studies are going to be affected. We were not only covering our syllabus but also we felt as if we are sitting in the classroom and learning. I was able to see my friends after a month. Online classes are amazingly great and outstanding.

Atharv Krishna — IX A

Hello everyone.

Since the Covid-19 has made a global effect in past few weeks and continues to effect most of the part, the education sector being one of the most affected ones. Students across the world are losing valuable time in their education due to lockdown. But there are many online learning options which you can obtain from your homes.

The schools are conducting the online classes during this period. Teachers are connecting with the students and giving lectures. The study is provided by using technology support of MS Teams.

These classes are being held by following a proper time table given by the school. We have to log in with the ID and Password and then we can join the class. As I can see the video and hear the teachers are explaining everything in the class. The online classes are keeping us engaged and the teachers also give us homework and assignments to do. The

PPTs are also helpful to understand the topic more. The classes are very useful. These classes are helping us so much in this hard time. We can also cover our syllabus on time without any problem.

Thank you!!

Soumya Soni — IX A

Parents' Feedback

Shraddha and Abhijeet Raut **Parents of Aarambhh Raut Class 2 A**

Dear Principal Madam,
Greetings for the day !!

Lockdown at the time when the new academic session normally starts has really thrown up many challenges for the educational institutions. The first few months is also crucial because this is when the teacher-student equation is set in place. We would like to extend our sincere gratitude towards the hard work, dedication, patience, flexibility and passion shown by you and the teachers at this time. Your efforts, encouragement, motivation, innovative ideas and a positive thought process helps continue the bonding between students and teachers irrespective of the distance.

SRCS is giving students a wonderful start in their quest for knowledge. Thank you for taking note of the things that they need to nurture. We can notice the efforts teachers are putting in to stay connected with students and to help them to adapt this new phase.

We are deeply grateful to have someone like **Yamini Madam** contributing to our child's growth and emotional well-being. Thank you madam for :

- Starting with prayer so that students feel the school like atmosphere during the online classes
- Creating new and engaging learning opportunity
- Help in developing a keen liking for the subject
- Encouraging students to participate in class
- Making the lesson innovative
- Conducting activities during online classes like word composition, World Environment Day celebration
- Encouraging self-appreciation by asking them to clap for themselves

- Help students to understand the concept.

We truly appreciate your relentless energy and guidance shown to all the students. Thank you for making it easy and fun for Aarambhh.

Best Regards

I, would like to express my feedback regarding online classes.

Dr Abhishek Tiwari father of Avika Tiwari class 5 A

First of all I would like to thank Team SRCS and organization for providing such an amazing platform of study for kids. It is really a great thing which all teachers are doing.

All teachers are putting their excellent efforts for providing Best education to our children. These online classes have improved our children's online skills as well as learning ability by themselves.

At last I want to thank Principal ma'am, Sunita ma'am and all teachers for taking suggestions from parents time to time and giving your complete efforts in shaping our children's future. Sincere thanks from deep of our heart.

Jayesh Vyas father of Parth Vyas class 3 B

Dear Madam,

We are very happy that during the current (Covid - 19) situation your school is doing very good work by operating the online classes of children.

We really appreciate your effort and also thanks to the facility staff who in this tough situation working very hard so that students education should not affect.

My son not only enjoying the online session but he is able to learn various creative things during online education.

We as a parent's thanks to all SRCS staff once more by doing their job and liabilities towards students.